



INFORMATION FOLLOWING ROOT CANAL TREATMENT

Is it normal to have some discomfort after treatment?

Yes, it is normal to have some discomfort following your procedure. Your tooth may be sensitive to biting and chewing for up to 7 days. We recommend that you avoid chewing on this tooth during the healing period, progressing to soft foods once the tooth is feeling better.

In infected teeth that have been treated, sometimes swelling and increased pain may occur following the procedure. If this occurs, antibiotics may need to be prescribed.

Notify our office if you have any of the following:

- Swelling after 2-3 days
- Increased pain after 4 days.

What can I take to help with the discomfort?

For management of pain and discomfort, we recommend 800 mg of Ibuprofen (Advil, Motrin) every 6 hours as needed. If this is insufficient, add 1000 mg Acetaminophen (Tylenol) in between doses of ibuprofen (i.e. 3 hours after the ibuprofen).

If the above is insufficient, take one tablet of the prescription medication as the in-between doses, instead of the Tylenol.

Do I have to wait to eat?

If a temporary filling has been placed in the opening created during your root canal treatment, please do not eat for one to two hours to allow this temporary filling to harden. Please avoid eating hard or crunchy foods, or things that are sticky or chewy until a permanent restoration is complete.

After the root canal is completed, does the tooth need more treatment?

You may need to return to your general dentist for a permanent filling or crown on your tooth. Your dentist will receive a copy of your final x-rays from us.

If you have any questions or concerns, please contact our office:

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